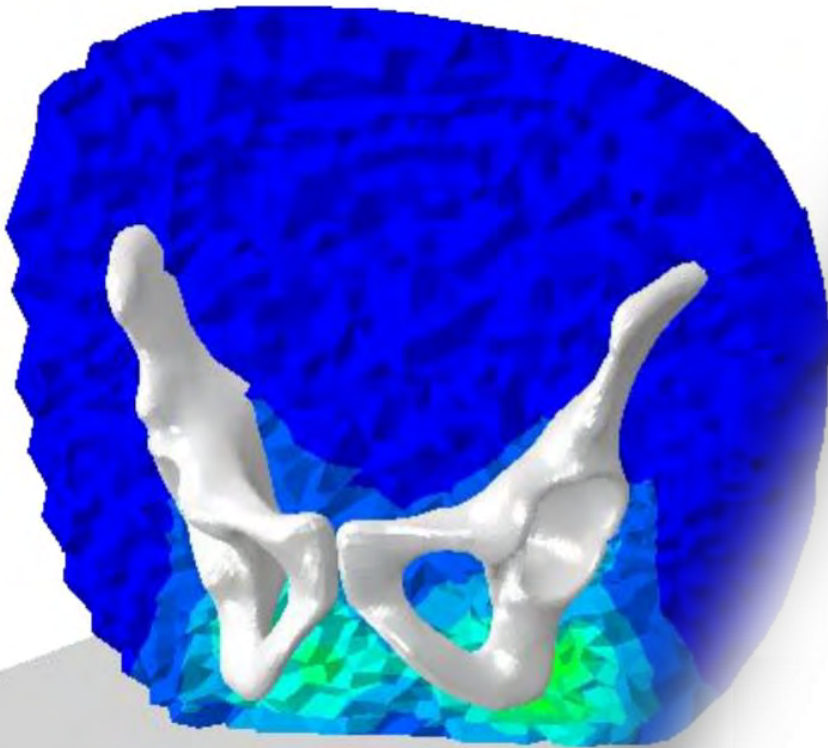




9th World Congress of Biomechanics
2022 Taipei

Taipei International Convention Center

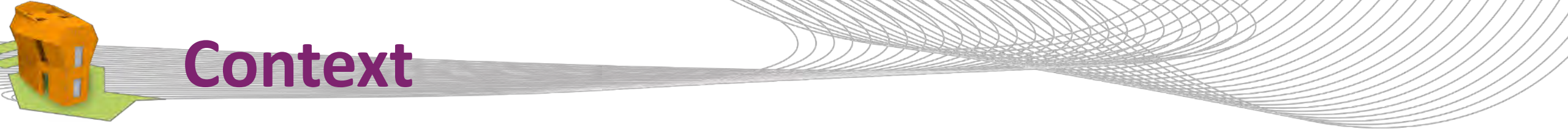
Modelling the apparent viscoelastic behaviour of passive muscle tissue under confined compression using a poroelastic framework



[Macron et al., 2018]

Thomas Lavigne, Giuseppe Sciumè,
Sébastien Laporte, Hélène Pillet,
Stéphane Urcun , Benjamin Wheatley, Pierre-Yves Rohan
| SB 2021– October 2021

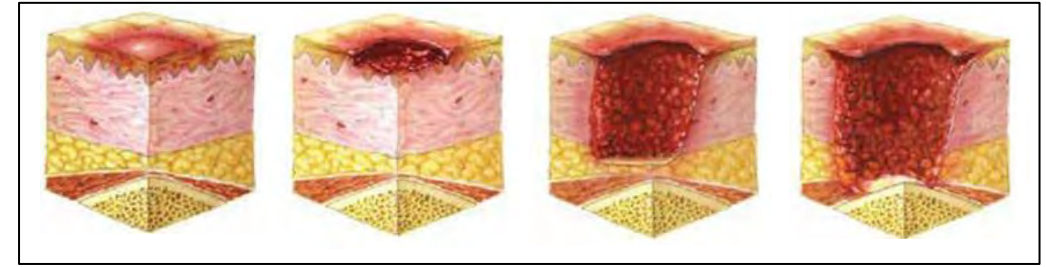




Context

Pressure ulcers:

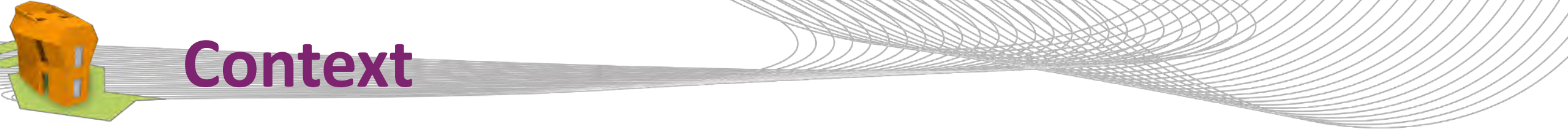
- Localized injury
- Long term and/or excessive loading [Bouten et al., 2003]



Stages 1 to 4 of pressure ulcers

[winncaresacademy.com]

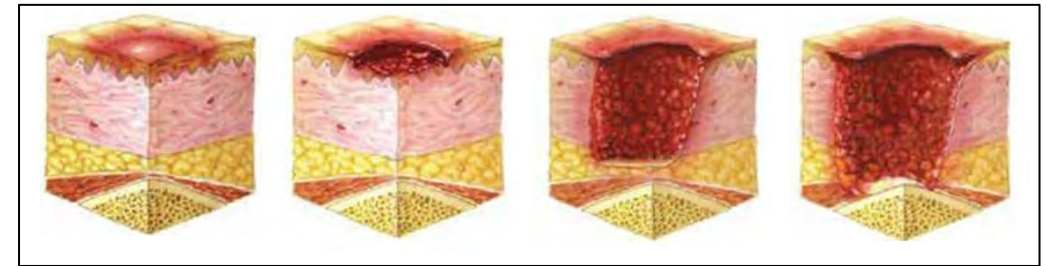




Context

Pressure ulcers:

- Localized injury
- Long term and/or excessive loading [Bouten et al., 2003]



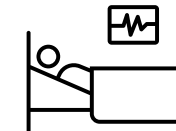
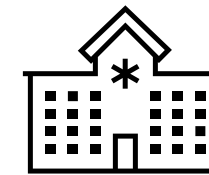
Stages 1 to 4 of pressure ulcers

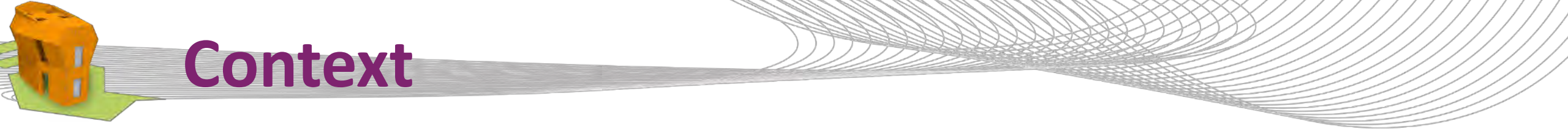
[winncareacademy.com]

A Society concern:

- 1 in 5 hospitalised patients in European hospitals

[Vanderwee et al., 2007]

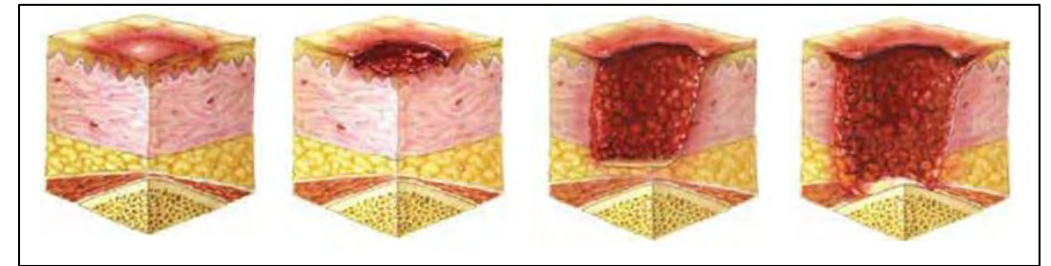




Context

Pressure ulcers:

- Localized injury
- Long term and/or excessive loading [Bouten et al., 2003]

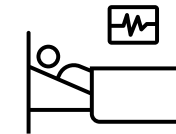
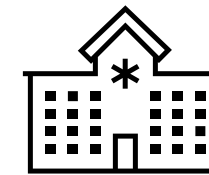


Stages 1 to 4 of pressure ulcers

[winncareacademy.com]

A Society concern:

- 1 in 5 hospitalised patients in European hospitals [Vanderwee et al., 2007]



Why?

- Lack of information to evaluate first signs: visual identification

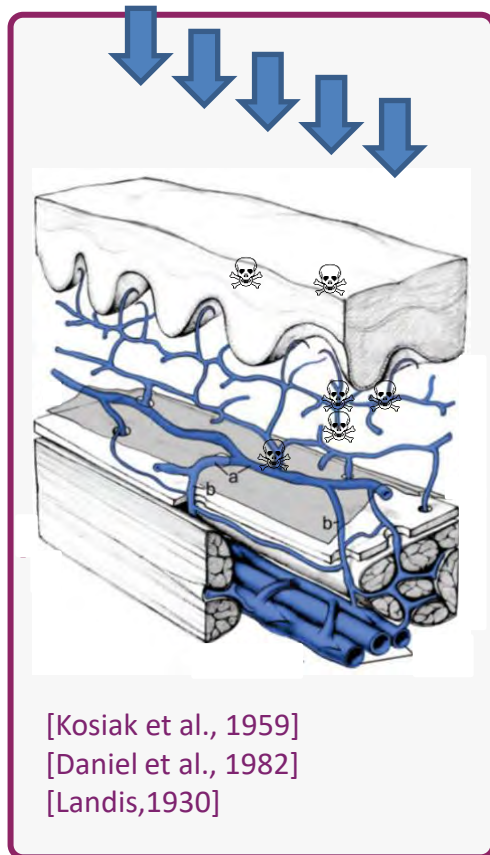




Aetiology

Two major processes competing:

Ischaemia & reperfusion



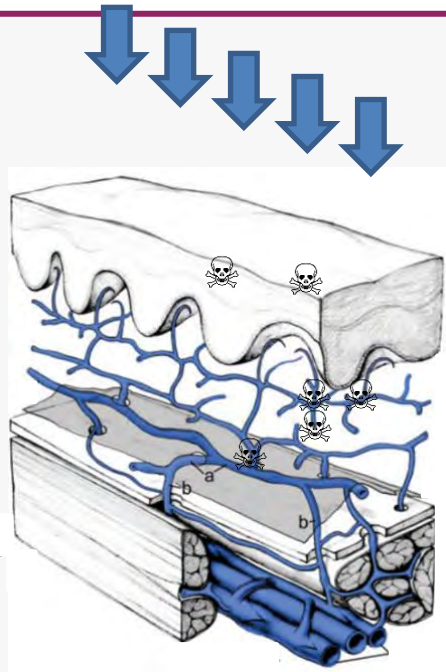
[Kosiak et al., 1959]
[Daniel et al., 1982]
[Landis, 1930]



Aetiology

Two major processes competing:

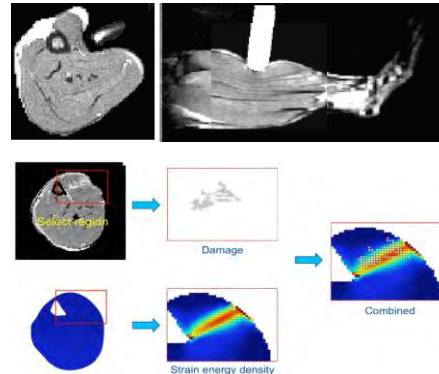
Ischaemia & reperfusion



[Kosiak et al., 1959]
[Daniel et al., 1982]
[Landis, 1930]

Deformation

Tissue damage threshold

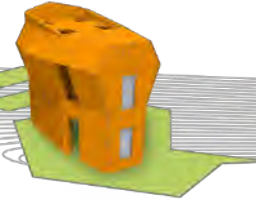


Animal Studies

[Ceelen et al., 2008]: (N=11)
[Traa 2019]: (N=39)
[Nelissen 2018]: (N=53)
[Nelissen 2017]: (N=20)
[Stekelenburg 2005]: (N=10)

Primary lesion-inducing factor

Mechanical aspect



How to model the soft tissue?

Challenge:

- Model the time dependent and loading history dependant behaviour
- Choice of a right material model for the soft tissue (type, structure...)





Existing material models of muscle

Authors	Year	Human/Animal	Samples	Confined Compression (CC) Unconfined Compression (UC)	Material Law
[Bosboom et al., 2001]	2001	Animal	In Vivo (n=4)	CC	Visco-hyper-elastic
[Aimedieu et al., 2003]	2003	Animal	Cylinders (n=6)	CC	Visco-elastic
[Van Looke et al., 2006]	2006	Animal	Cuboids (n=12)	UC	Hyper-elastic
[Linder-Ganz et al., 2006]	2006	Human	In vivo (n=6)	CC	Visco-hyper-elastic
[Van Looke et al., 2008]	2008	Animal	Cuboids (n=6)	UC	Visco-elastic
[Van Looke et al., 2009]	2009	Animal	Cuboids	UC	Visco-hyper-elastic
[Wheatley et al., 2015]	2015	Animal	Cylinders (n=13 transverse & 13 longitudinal)	UC	Visco-hyper-elastic
[Vaidya and Wheatley, 2020]	2020	Animal	Cuboids (n=15 + 14) & Cylinders (n=16+15)	UC (Fast + Slow) & CC (Fast + Slow)	Visco-hyper-elastic



Existing material models of muscle

Authors	Year	Human/Animal	Samples	Confined Compression (CC) Unconfined Compression (UC)	Material Law
[Oomens et al., 1987]	1987	-	-	-	Theoretical Poroelastic Strain dependant permeability
[Argoubi and Shirazi-Adl, 1996]	1996	Human	-	-	Nonlinear poroelastic
[Bosboom et al., 2001]	2001	Animal	In Vivo (n=4)	CC	Visco-hyper-elastic
[Aimedieu et al., 2003]	2003	Animal	Cylinders (n=6)	CC	Visco-elastic
[Van Looke et al., 2006]	2006	Animal	Cuboids (n=12)	UC	Hyper-elastic
[Linder-Ganz et al., 2006]	2006	Human	In vivo (n=6)	CC	Visco-hyper-elastic
[Van Looke et al., 2008]	2008	Animal	Cuboids (n=6)	UC	Visco-elastic
[Van Looke et al., 2009]	2009	Animal	Cuboids	UC	Visco-hyper-elastic
[Wheatley et al., 2015]	2015	Animal	Cylinders (n=13 transverse & 13 longitudinal)	UC	Visco-hyper-elastic
[Wheatley et al., 2016]	2016	Animal	Cylinders (n=4) Cuboid for model	UC	Poroelastic Moonley-Rivlin coupled model
[Vaidya and Wheatley, 2020]	2020	Animal	Cuboids (n=15 + 14) & Cylinders (n=16+15)	UC (Fast + Slow) & CC (Fast + Slow)	Visco-hyper-elastic



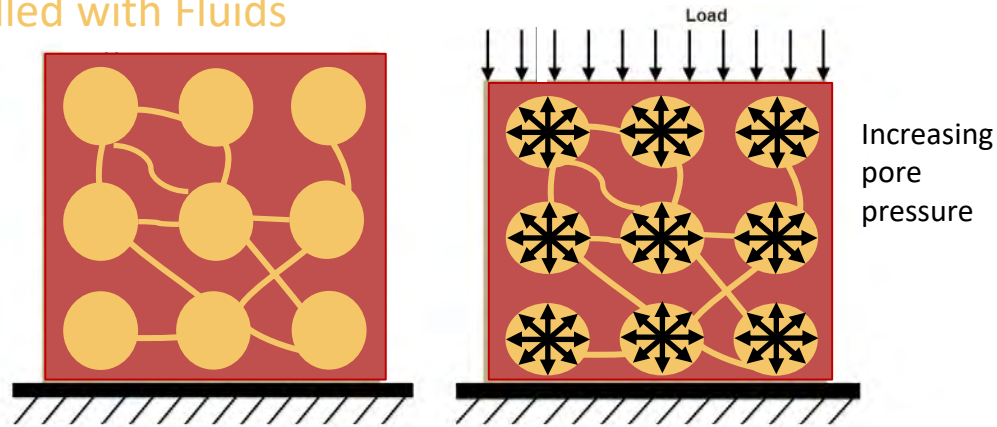
Existing material models of muscle

Muscle = Bi-phasic (up to 75% liquid)

[Wheatley et al., 2016]

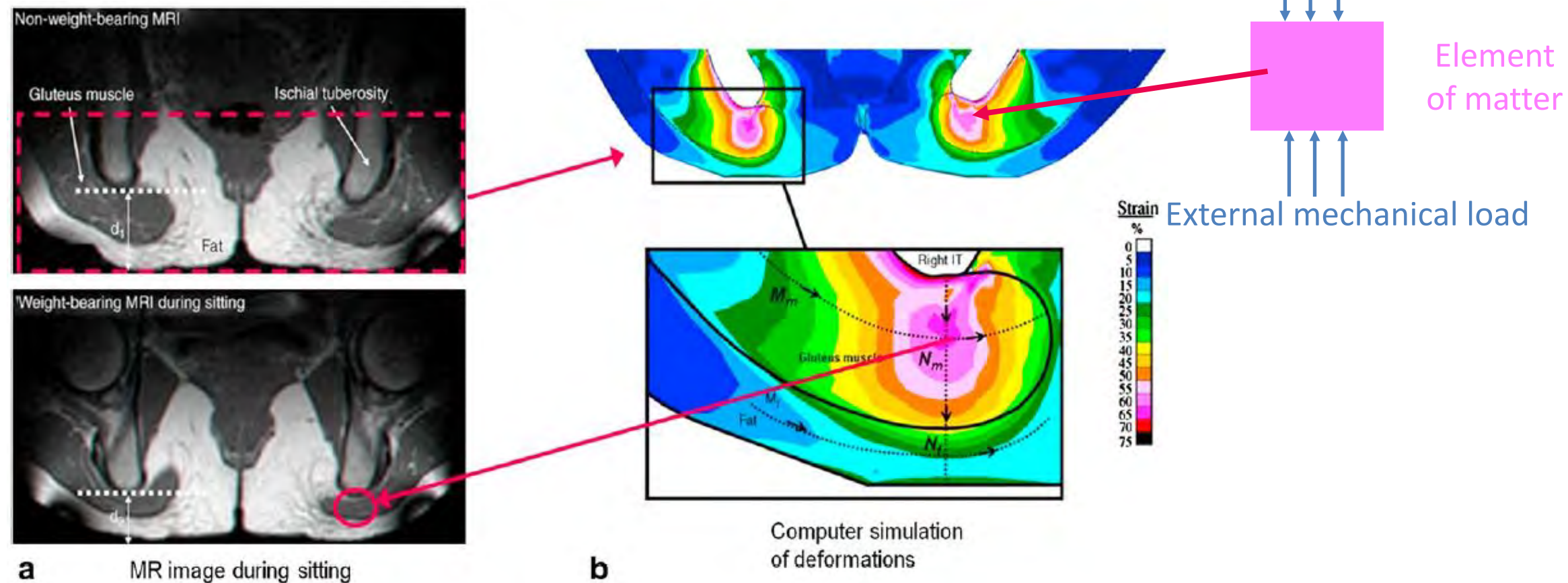
Pores filled with Fluids

Solid



Existing material models of muscle

In vivo Boundary Conditions: Semi-confined



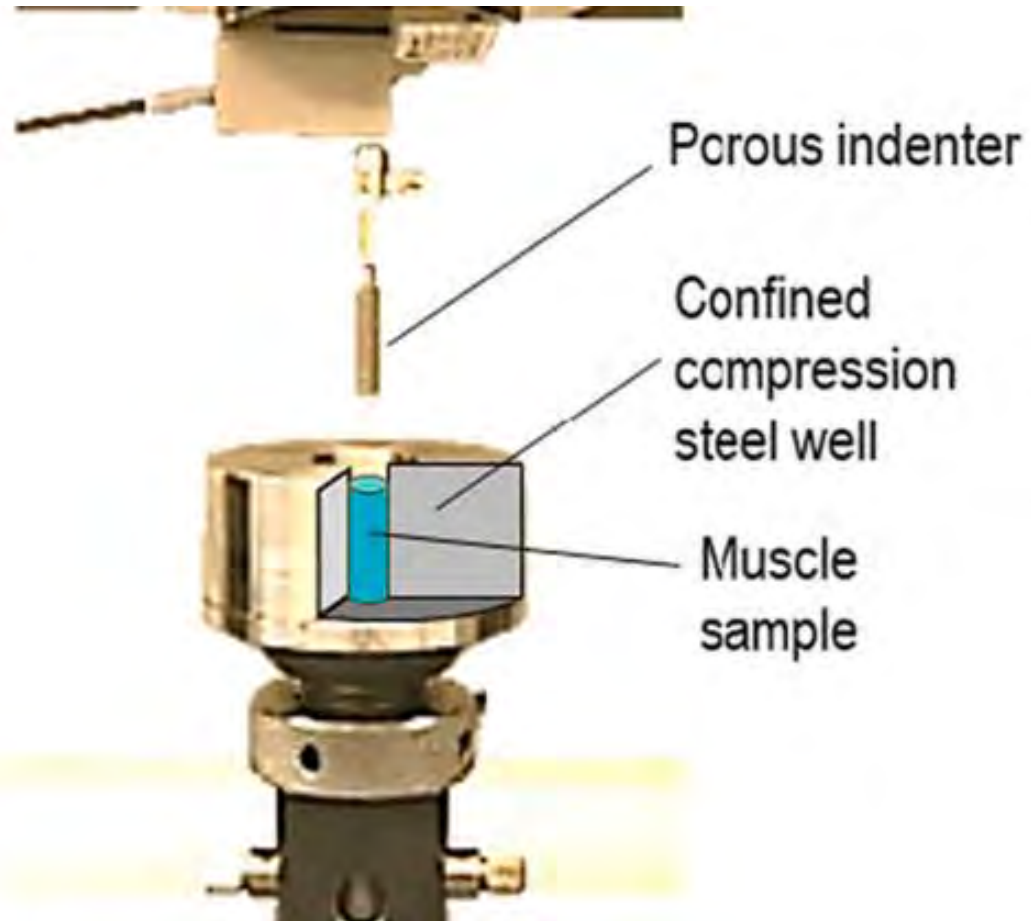
[Linder-Ganz et al., 2007]



Previous Study

An experimental and computational investigation of the effects of volumetric boundary conditions on the compressive mechanics of passive skeletal muscle

[Vaidya and Wheatley, 2020]



Final strain: 0.15

Fast strain rate: 0.15 s⁻¹

N=16

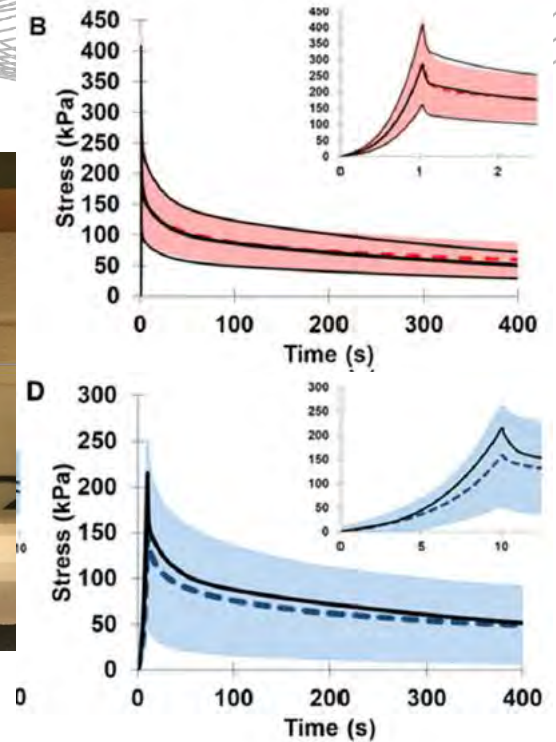
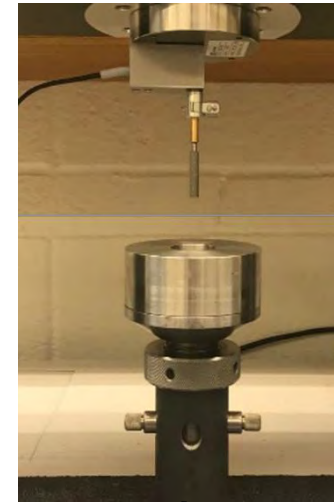
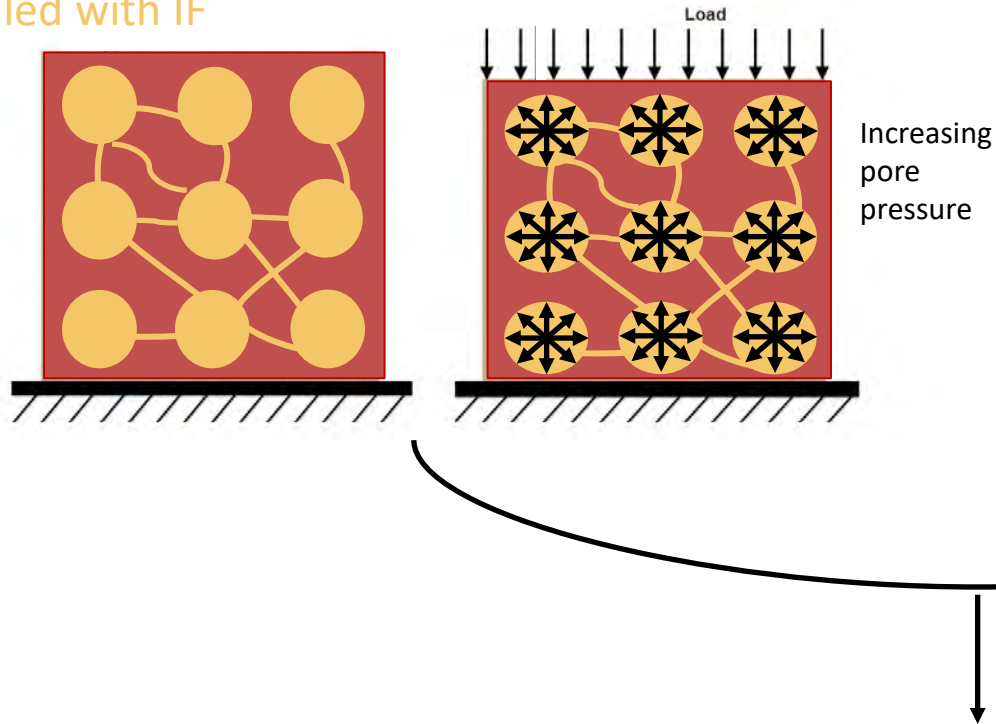
Slow strain rate: 0.015 s⁻¹

N=15



Objective

Pores filled with IF
Solid



The possible role of poro-elasticity in the apparent visco-elastic behavior of passive muscle tissue under compression

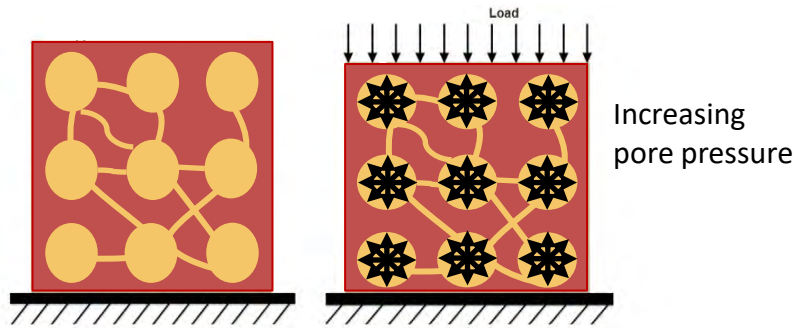
- N=31 confined porcine muscle samples

Porous medium mechanics

Unknowns of the problem: v^s, p

Pores filled with Fluids

Solid



$$\begin{cases} \varepsilon^\alpha = \frac{Volume^\alpha}{Volume^{total}} \\ \varepsilon^s + \varepsilon^l = 1 \end{cases} \quad 2 \text{ phases}$$

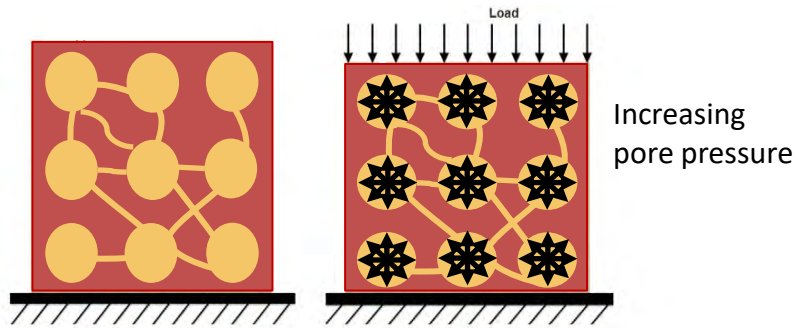


Porous medium mechanics

Unknowns of the problem: \mathbf{v}^s, p

Pores filled with Fluids

Solid



$$\begin{cases} \varepsilon^\alpha = \frac{\text{Volume}^\alpha}{\text{Volume}^{total}} \\ \varepsilon^s + \varepsilon^l = 1 \end{cases} \quad \text{2 phases}$$

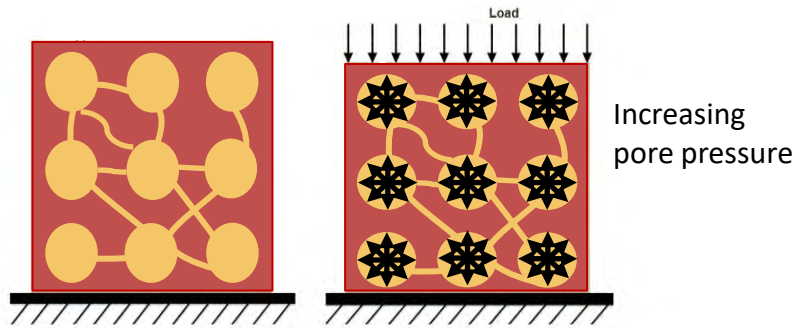
$$\varepsilon^l (\mathbf{v}^l - \mathbf{v}^s) = -\frac{k^\varepsilon}{\mu^l} (\nabla p - \rho^l \mathbf{g}) \quad \text{Fluid Phase: Darcy's law}$$

Porous medium mechanics

Unknowns of the problem: v^s, p

Pores filled with Fluids

Solid



$$\begin{cases} \varepsilon^\alpha = \frac{Volume^\alpha}{Volume^{total}} \\ \varepsilon^s + \varepsilon^l = 1 \end{cases} \quad 2 \text{ phases}$$

$$\mathbf{t}^{total} = \varepsilon^s \mathbf{t}^s + \varepsilon^l \mathbf{t}^l = \mathbf{t}^{eff} - \beta p \mathbf{I}_d$$

Stress tensor as a combination of the solid scaffold stress and pore pressure



Porous medium mechanics

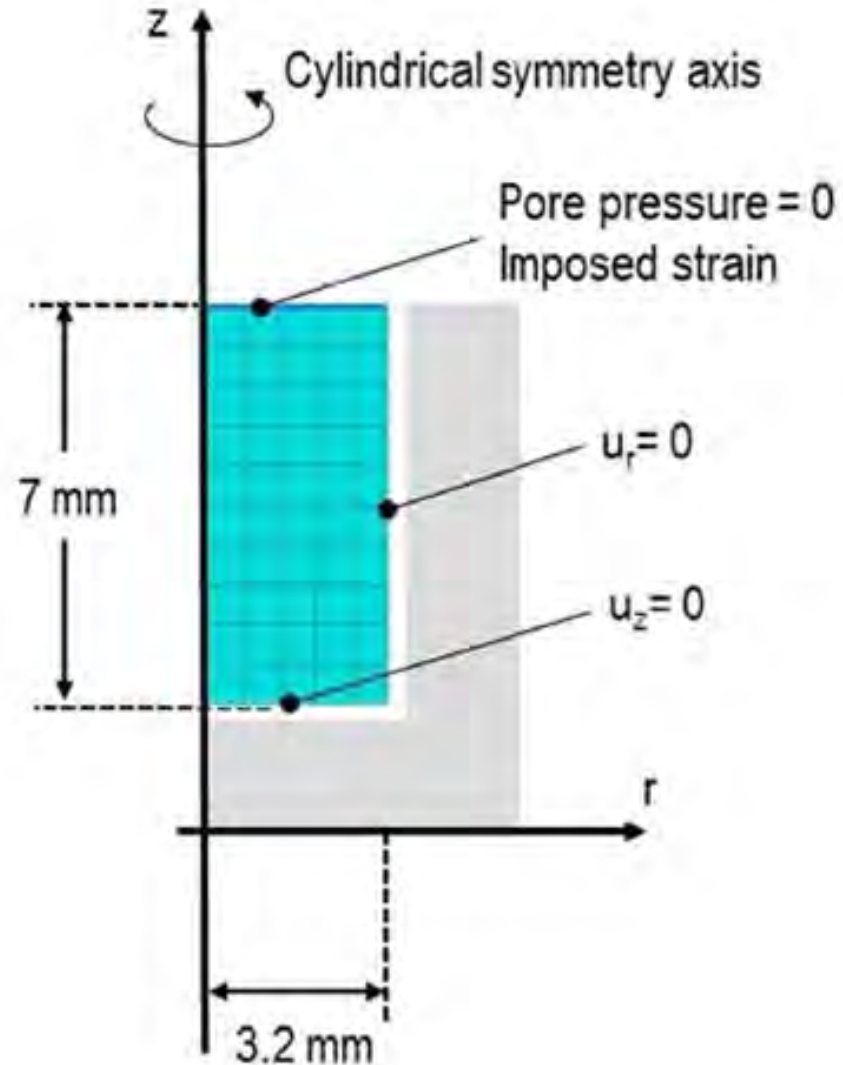
Unknowns of the problem: \mathbf{v}^s, p

$$\left\{ \begin{array}{ll} \frac{D^s}{Dt} (\rho^s \varepsilon^s) + \rho^s \varepsilon^s \nabla \cdot \mathbf{v}^s = 0 & \text{Solid Scaffold: Mass balance} \\ \frac{D^s}{Dt} (\rho^l \varepsilon^l) + \nabla \cdot (\rho^l \varepsilon^l (\mathbf{v}^l - \mathbf{v}^s)) + \rho^l \varepsilon^l \nabla \cdot \mathbf{v}^s = 0 & \text{Fluid Phase: Mass balance} \\ \nabla \cdot (\mathbf{t}^{tot}) + \mathbf{f}_v = \rho^s \boldsymbol{\gamma}^s & \text{Momentum balance} \end{array} \right.$$





FEM model



- $n=50$ (P2,P1) Taylor Hood elements
- Fluid leakage on top surface
- Bottom and lateral displacement fixed





FEM model

Material law based on 6 parameters: Poro-elasticity

Solid Phase			Fluid Phase		
Linear Elasticity		Soil Grain Bulk Modulus	Darcy's Law		Fluid Bulk Modulus
E (kPa)	ν (-)	K^s (MPa)	k ($m^2 Pa^{-1} s^{-1}$)	Void Ratio (-)	K^l (MPa)

Fixed parameters: 0.4879, 0.799, 2200





FEM model

Material law based on 6 parameters: Poro-elasticity

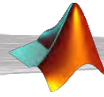
Solid Phase			Fluid Phase		
Linear Elasticity		Soil Grain Bulk Modulus	Darcy's Law		Fluid Bulk Modulus
E (kPa)	ν (-)	K^s (MPa)	k ($m^2 Pa^{-1} s^{-1}$)	Void Ratio (-)	K^l (MPa)

Calibrated parameters





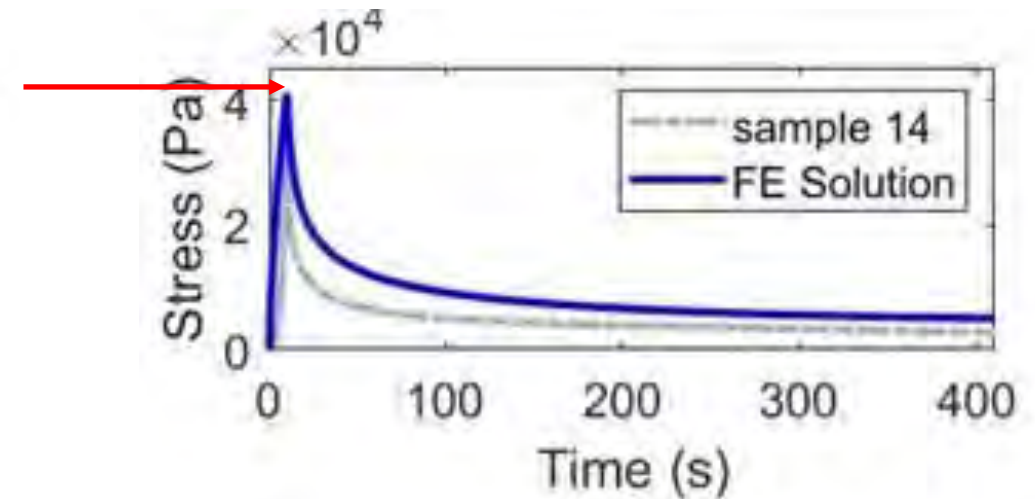
Cost function



X=[Young's modulus, Hydraulic permeability, Void ratio]

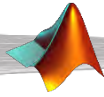
Peak Stress

$$J_1 = \frac{1}{3} * \left(\frac{\max(\mathbf{t}_{abq}^{tot}) - \max(\mathbf{t}_{exp}^{tot})}{\max(\mathbf{t}_{exp}^{tot})} \right)^2$$





Cost function



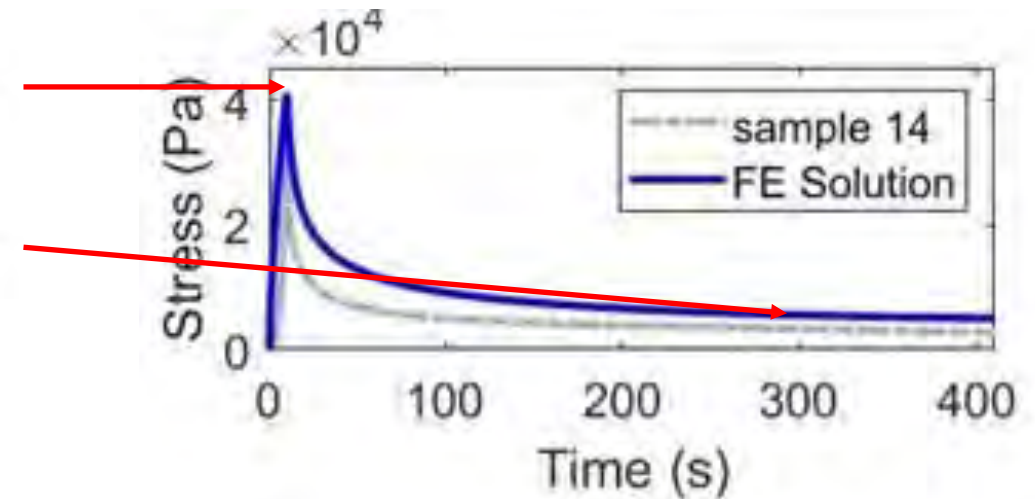
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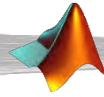
Slope at the end

$$J_2 = \frac{1}{3} * \left(\frac{\frac{\partial \mathbf{t}_{abq}^{tot}}{\partial t} - \frac{\partial \mathbf{t}_{exp}^{tot}}{\partial t}}{\frac{\partial \mathbf{t}_{exp}^{tot}}{\partial t}} \right)^2$$





Cost function



X=[Young's modulus, Hydraulic permeability, Void ratio]

Peak Stress

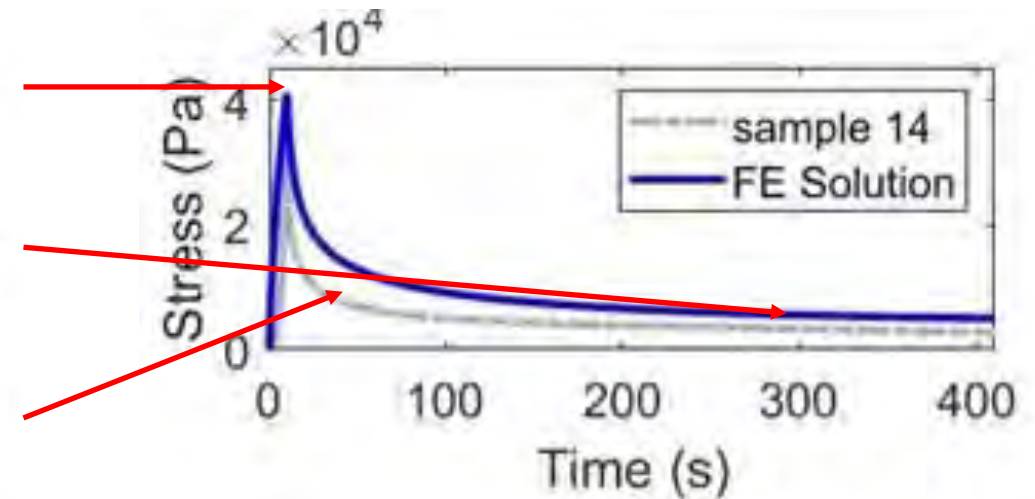
$$J_1 = \frac{1}{3} * \left(\frac{\max(\mathbf{t}_{abq}^{tot}) - \max(\mathbf{t}_{exp}^{tot})}{\max(\mathbf{t}_{exp}^{tot})} \right)^2$$

Slope at the end

$$J_2 = \frac{1}{3} * \left(\frac{\frac{\partial \mathbf{t}_{abq}^{tot}}{\partial t} - \frac{\partial \mathbf{t}_{exp}^{tot}}{\partial t}}{\frac{\partial \mathbf{t}_{exp}^{tot}}{\partial t}} \right)^2$$

Normalised RMSE
Cost function

$$J_3 = \frac{1}{3} * \left(\frac{rms(\mathbf{t}_{abq}^{tot} - \mathbf{t}_{exp}^{tot})}{norm(\mathbf{t}_{exp}^{tot})} \right)^2$$
$$J = J_1 + J_2 + J_3$$





Results

Slow strain-rate: Average

1 to 1 calibration (N=15 slow et N=16 fast)

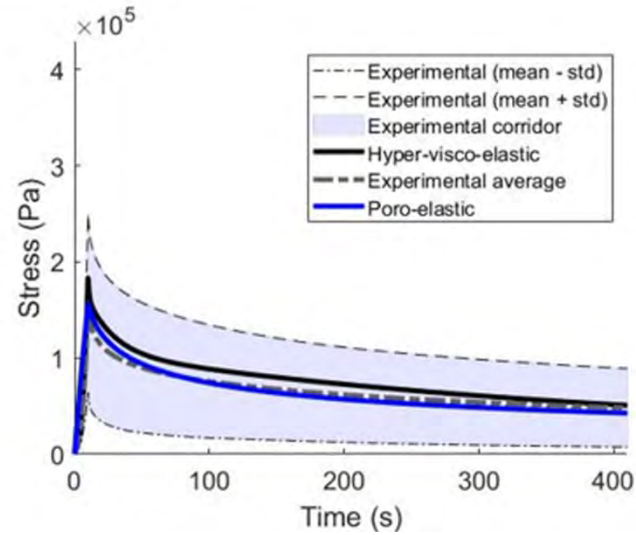
Fast strain-rate: Average





Results

Slow strain-rate: Average

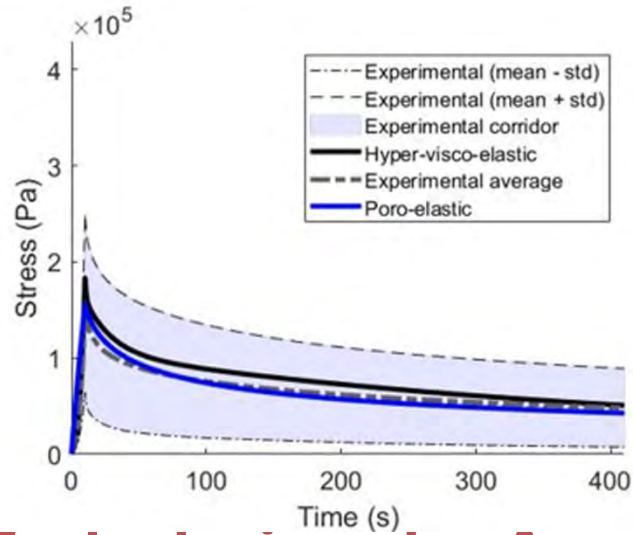


Model	Strain-rate	Peak-stress error (J1)	End Slope error (J2)	Area between the curves (J3)	Cost function (J)
Uncoupled Yeoh/Prony visco-hyper-elastic [Vaidya and Wheatley, 2020]	Slow	0.0283	0.5936	0.0081	0.21
	Fast				
Poro-linear-elastic Current study	Slow	0.00005	0.00079	0.0039	0.0016
	Fast				

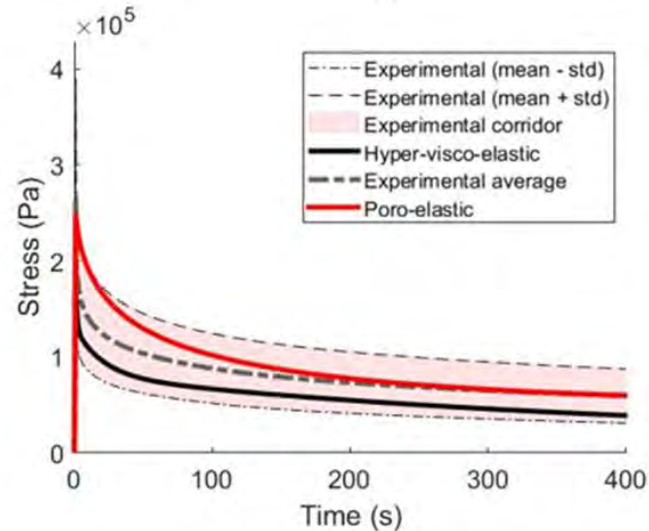


Results

Slow strain-rate: Average



Fast strain-rate: Average

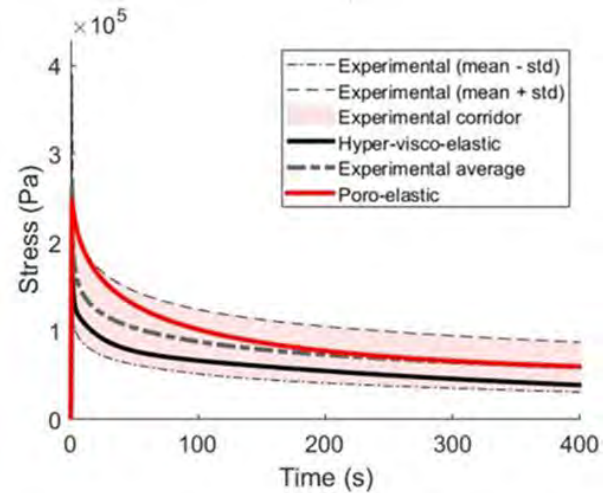


Model	Strain-rate	Peak-stress error (J1)	End Slope error (J2)	Area between the curves (J3)	Cost function (J)
Uncoupled Yeoh/Prony visco-hyper-elastic [Vaidya and Wheatley, 2020]	Slow	0.0283	0.5936	0.0081	0.21
	Fast	0.1559	0.4611	0.0046	0.2477
Poro-linear-elastic Current study	Slow	0.00005	0.00079	0.0039	0.0016
	Fast	0.0026	0.0092	0.007	0.0061

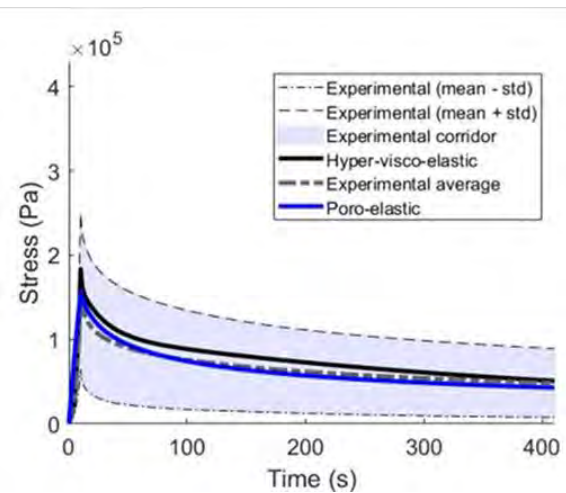


Discussion [Vaidya and Wheatley, 2020]

Final strain: 0.15
Fast strain rate: 0.15 s⁻¹



Final strain: 0.15
Slow strain rate: 0.015 s⁻¹



Previously: [Vaidya and Wheatley, 2020]

Material = Yeoh Hyper-elasticity coupled
with Prony Series
=>18 calibrated parameters

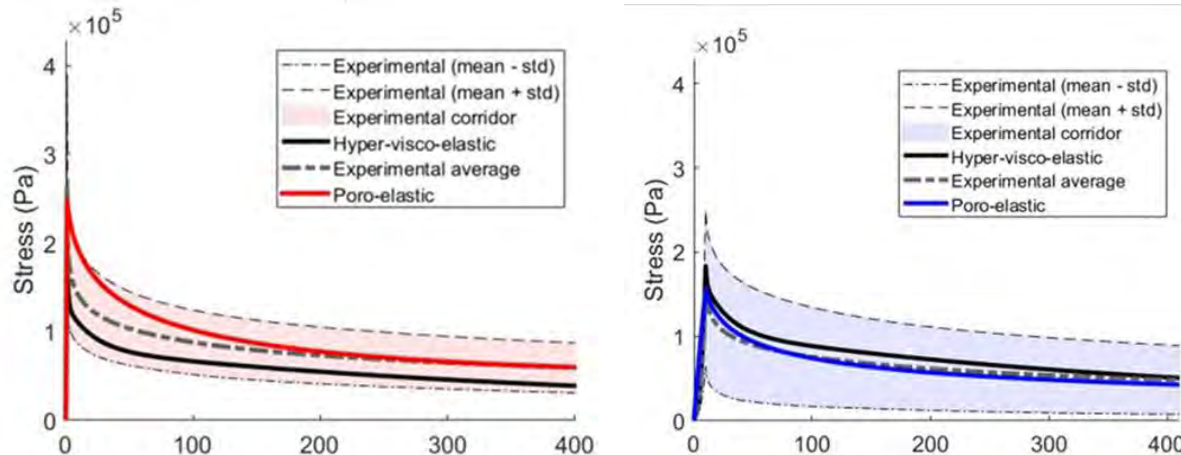




Discussion [Vaidya and Wheatley, 2020]

Final strain: 0.15
Fast strain rate: 0.15 s⁻¹

Final strain: 0.15
Slow strain rate: 0.015 s⁻¹



Solid Phase		Fluid Phase	
Young's Modulus (kPa)		Hydraulic permeability (m ² Pa ⁻¹ s ⁻¹)	Void ratio (-)
12.89 ± 11.29		$(2.09 \pm 3.12) \times 10^{-13}$	0.469 ± 0.247
20.16 ± 8.54		$(1.94 \pm 5.71) \times 10^{-13}$	0.640 ± 0.325

Previously: [Vaidya and Wheatley, 2020]

Material = Yeoh Hyper-elasticity coupled
with Prony Series
=>18 calibrated parameters

This Study :

Bi-phasic Material = Poro-linear-elasticity
**=> 4 fixed parameters and 3 calibrated
parameters**





Discussion: Are the parameters relevant?

Solid Phase:

Young's Modulus E (kPa): [Gras et al., 2012a ; Gras et al., 2012b ; Palevski et al., 2006]

$$2.4 < E = 16 \pm 10 < 1860$$





Discussion: Are the parameters relevant?

Solid Phase:

Young's Modulus E (kPa): [Gras et al., 2012a ; Gras et al., 2012b ; Palevski et al., 2006]

$$2.4 < E = 16 \pm 10 < 1860$$



Fluid Phase:

Hydraulic Permeability k ($m^2 Pa^{-1} s^{-1}$): [Wheatley et al., 2016 ; Gimnich et al., 2019]

$$4 \times 1e - 14 < k = (2 \pm 4) \times 1e - 13 < 1 \times 1e - 9$$





Discussion: Are the parameters relevant?

Solid Phase:

Young's Modulus E (kPa): [Gras et al., 2012a ; Gras et al., 2012b ; Palevski et al., 2006]

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Fluid Phase:

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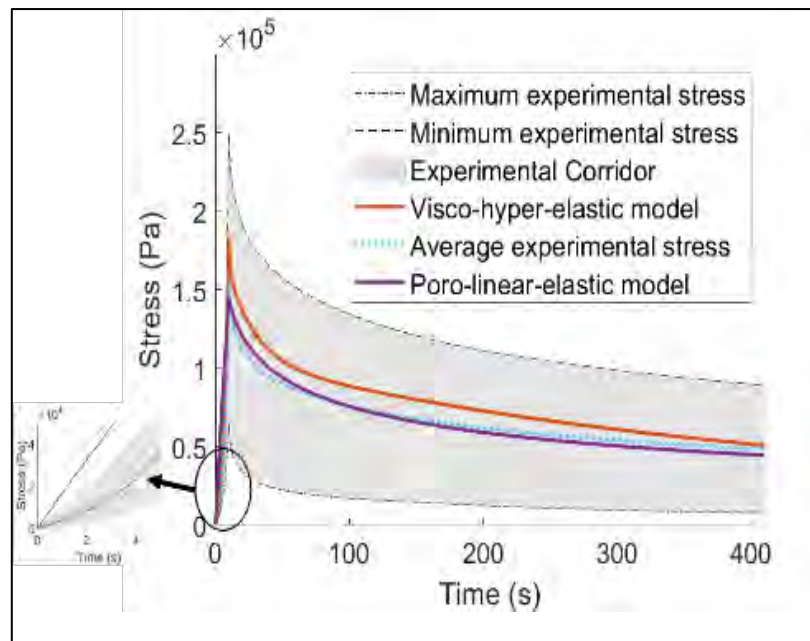
Void Ratio e (-): [Argoubi and Shirazi-Adl, 1996]

$$e \in [0.1 ; 0.3] \text{ for bones and cartilage}$$
$$e = (0.6 \pm 0.3)$$





Discussion: Limits of the model



Error on the initial slope :

- Linear behaviour of the laws ?
- Experimental error ?





Discussion: Limits of the model

Initial Guess			Cost Function
E (Pa)	k ($m^2 Pa^{-1} s^{-1}$)	Void Ratio (-)	J
17989	0.6996	6.07×10^{-14}	0.0061
8995	0.3498	3.035×10^{-14}	0.0084

Minimization based on the gradients
=> risk of local minimums

Strong interplay between the Young's modulus and the hydraulic permeability

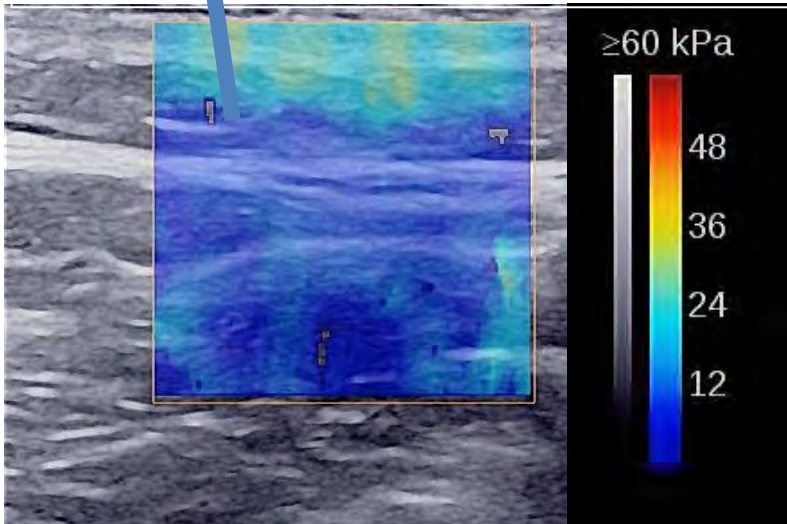


Discussion: Limits of the model

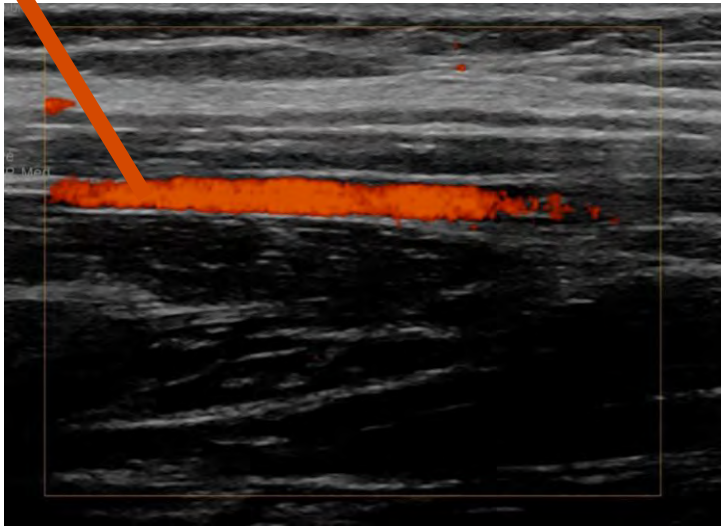
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17989	0.6996	6.07×10^{-14}	0.0061
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Experimental determination of some parameters would avoid these potential local minimums [Fougeron et al., 2020]

Elastography



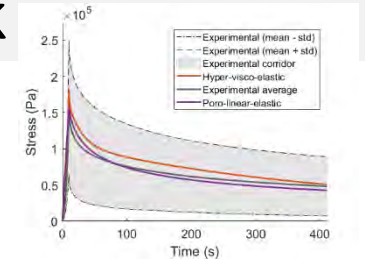
Power doppler



Conclusion and perspectives

Modelling the apparent viscoelastic behaviour of passive muscle tissue under confined compression using a poroelastic framework

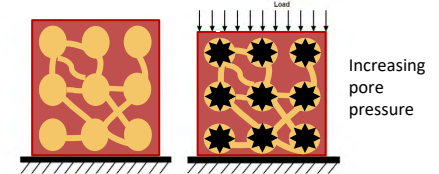
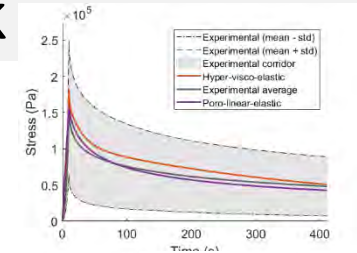
- Peak stress and relaxation behaviour mostly recovered



Conclusion and perspectives

Modelling the apparent viscoelastic behaviour of passive muscle tissue under confined compression using a poroelastic framework

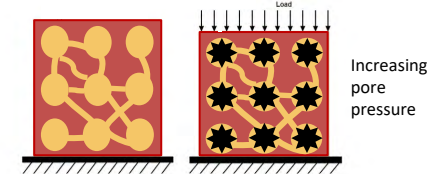
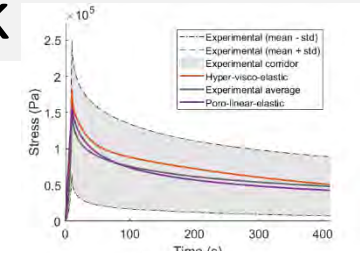
- Peak stress and relaxation behaviour mostly recovered
- Respect the structural architecture of the muscle



Conclusion and perspectives

Modelling the apparent viscoelastic behaviour of passive muscle tissue under confined compression using a poroelastic framework

- Peak stress and relaxation behaviour mostly recovered
- Respect the structural architecture of the muscle
- Only 6 parameters & possibility to evaluate them experimentally



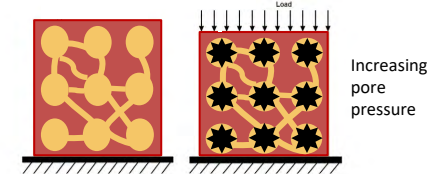
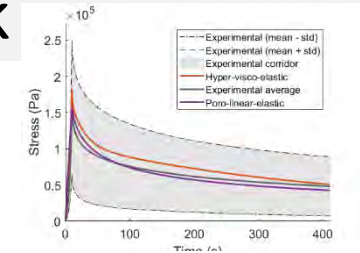
Solid Phase			Fluid Phase			
Linear Elastic Law		Soil Grain Bulk Modulus	Darcy's Law			Fluid Bulk Modulus
E (kPa)	ν (-)	K^s (MPa)	k (m ² Pa ⁻¹ s ⁻¹)	Dynamic Viscosity (Pa s)	Void ratio (-)	K^l (MPa)



Conclusion and perspectives

Modelling the apparent viscoelastic behaviour of passive muscle tissue under confined compression using a poroelastic framework

- Peak stress and relaxation behaviour mostly recovered
- Respect the structural architecture of the muscle
- Only 6 parameters & possibility to evaluate them experimentally
- Possibility to go towards a multiscale/multiphasic model: biomarkers & inflammatory signaling pathways



Solid Phase			Fluid Phase			
Linear Elastic Law		Soil Grain Bulk Modulus	Darcy's Law			Fluid Bulk Modulus
E (kPa)	ν (-)	K^s (MPa)	k ($\text{m}^2 \text{Pa}^{-1} \text{s}^{-1}$)	Dynamic Viscosity (Pa.s)	Void ratio (-)	K^l (MPa)

[Sciumè, 2021]
[Sciumè *et al.*, 2013]
[Urcun *et al.*, 2020]



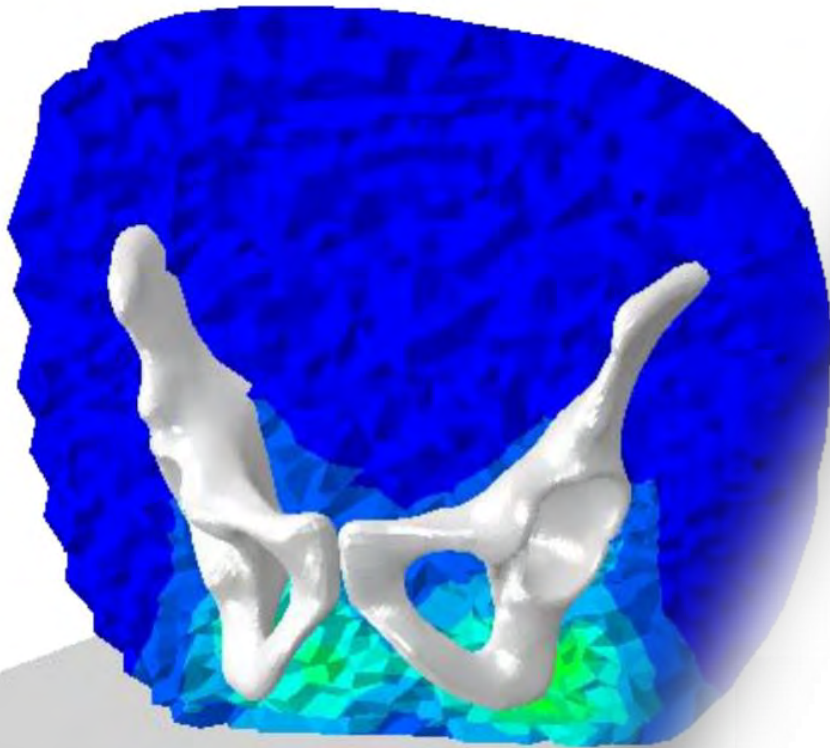


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Thank you for your attention!

Do you have any questions?



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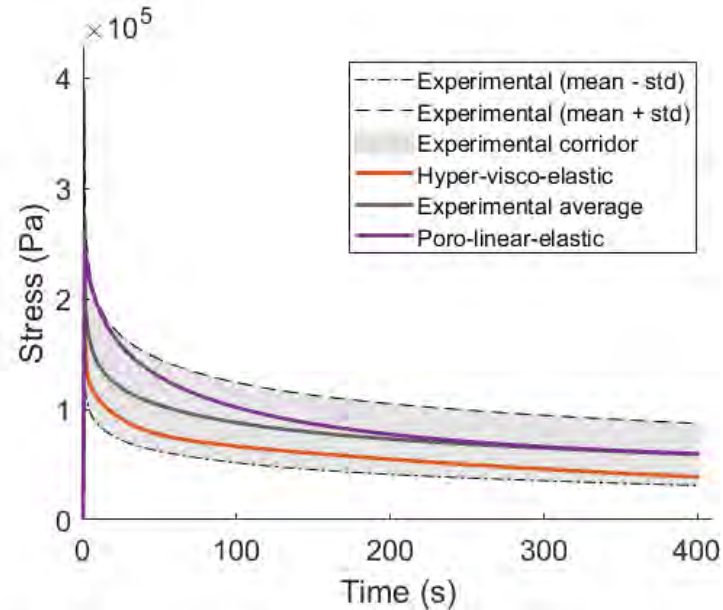


Appendix A: Almost incompressible model

($\nu=0.4879$)

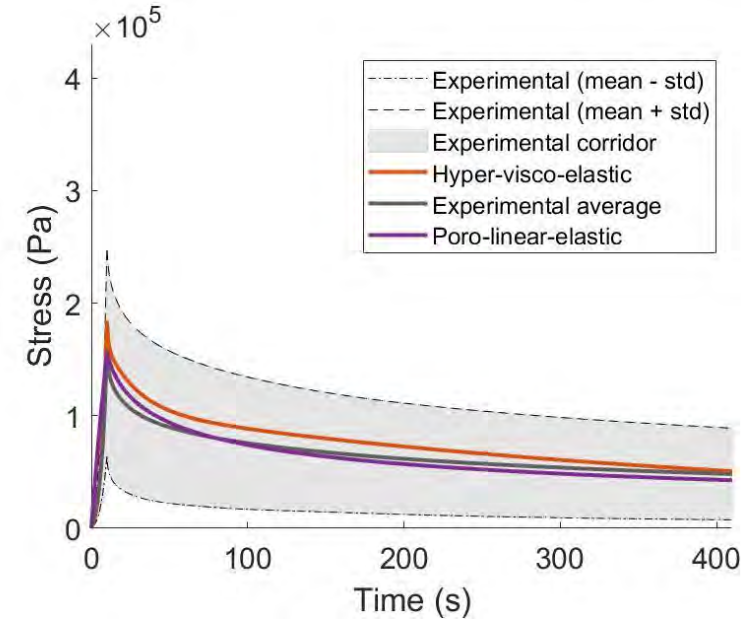
Final strain: 0.15

Fast strain rate: 0.15 s⁻¹



Final strain: 0.15

Slow strain rate: 0.015 s⁻¹



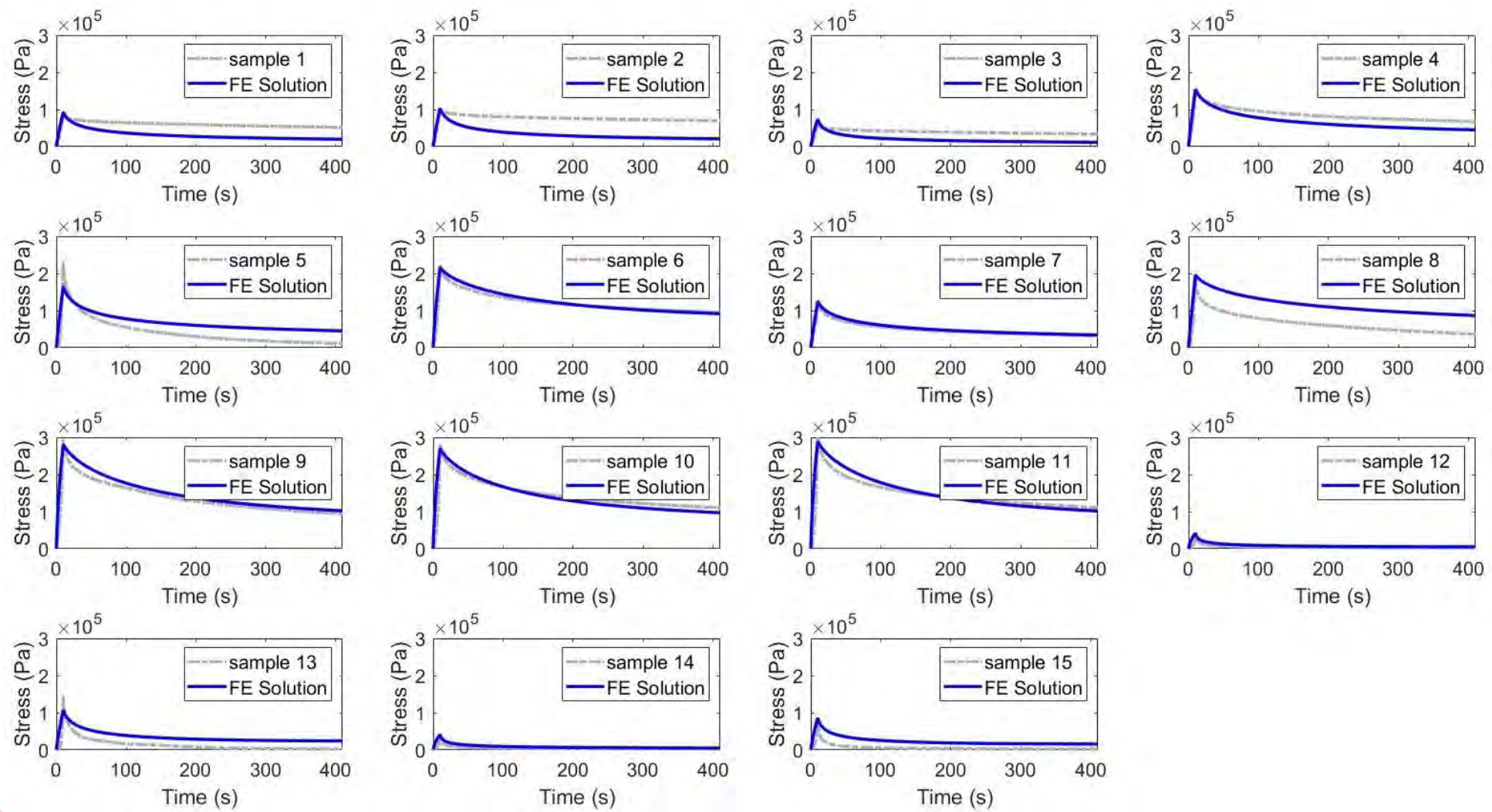
Solid Phase	Fluid Phase	
Young's Modulus (kPa)	Hydraulic permeability (m ² Pa ⁻¹ s ⁻¹)	Void ratio (-)
12.89 ± 11.29	$(2.09 \pm 3.12) \times 10^{-13}$	0.469 ± 0.247
20.16 ± 8.54	$(1.94 \pm 5.71) \times 10^{-13}$	0.640 ± 0.325



Appendix A: Almost incompressible model

($\nu=0.4879$)

Slow strain-rate: $N=15$



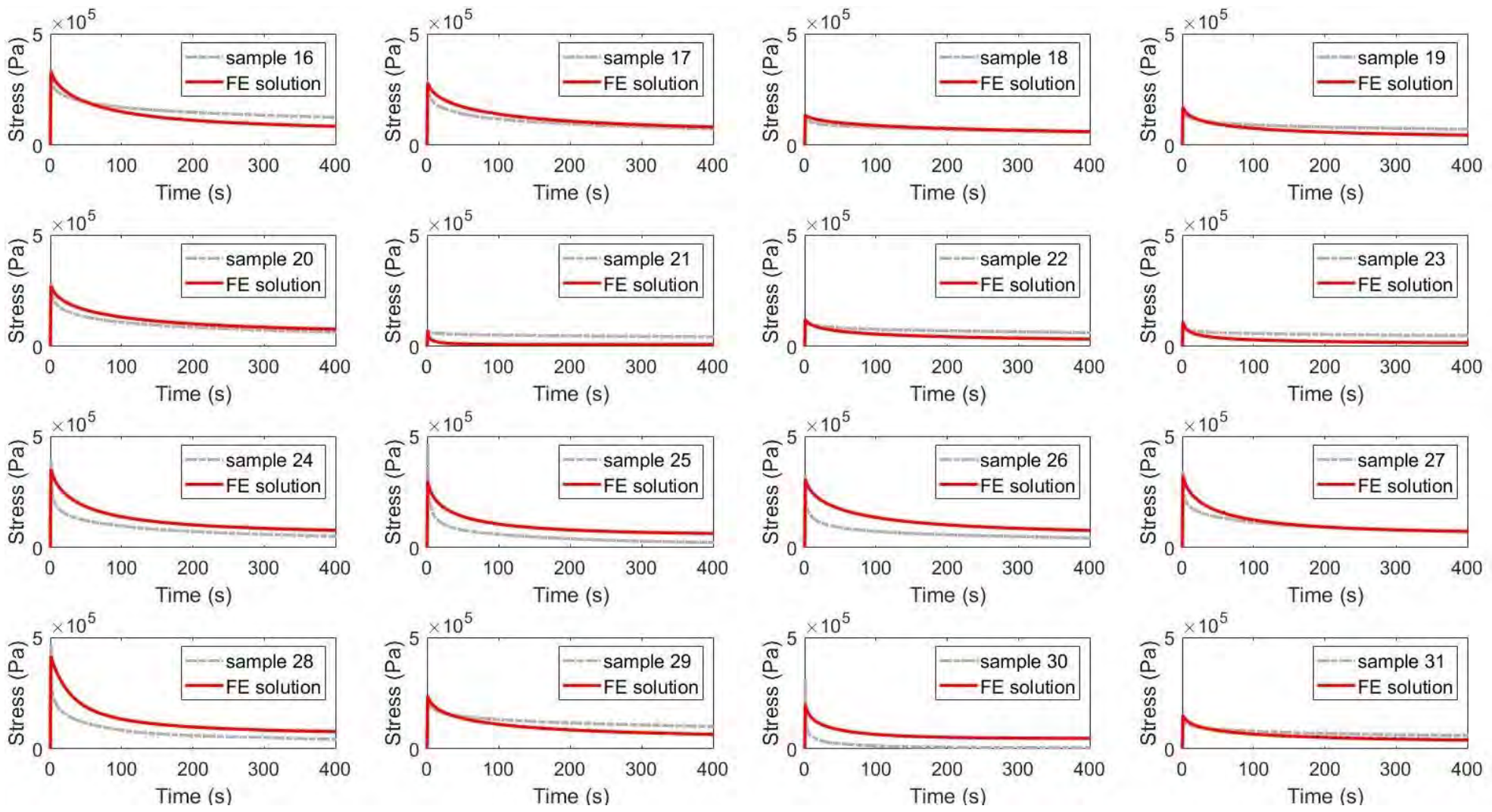
J: 0.0279 ± 0.0461



Appendix A: Almost incompressible model

($\nu=0.4879$)

Fast strain-rate: N=16



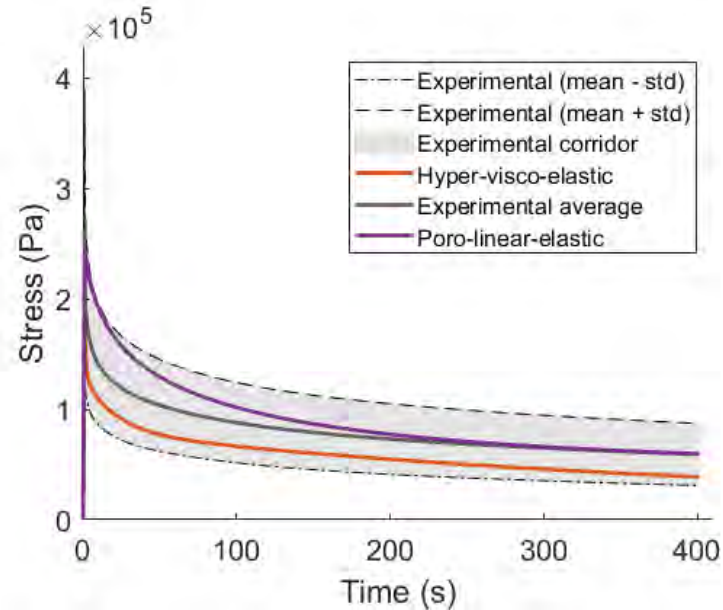
J: 0.0523 ± 0.1094



Appendix B: Compressible model ($\nu=0.2$)

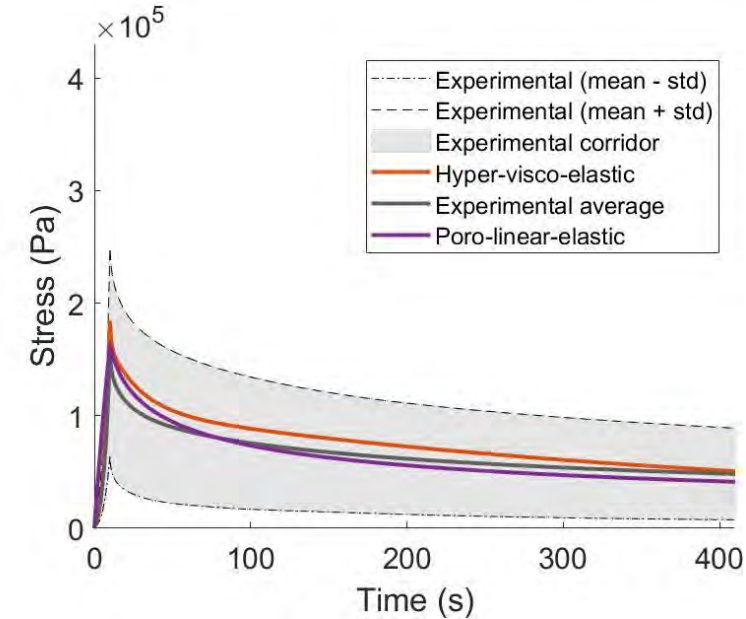
Final strain: 0.15

Fast strain rate: 0.15 s⁻¹



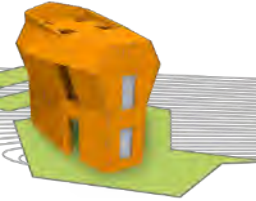
Final strain: 0.15

Slow strain rate: 0.015 s⁻¹



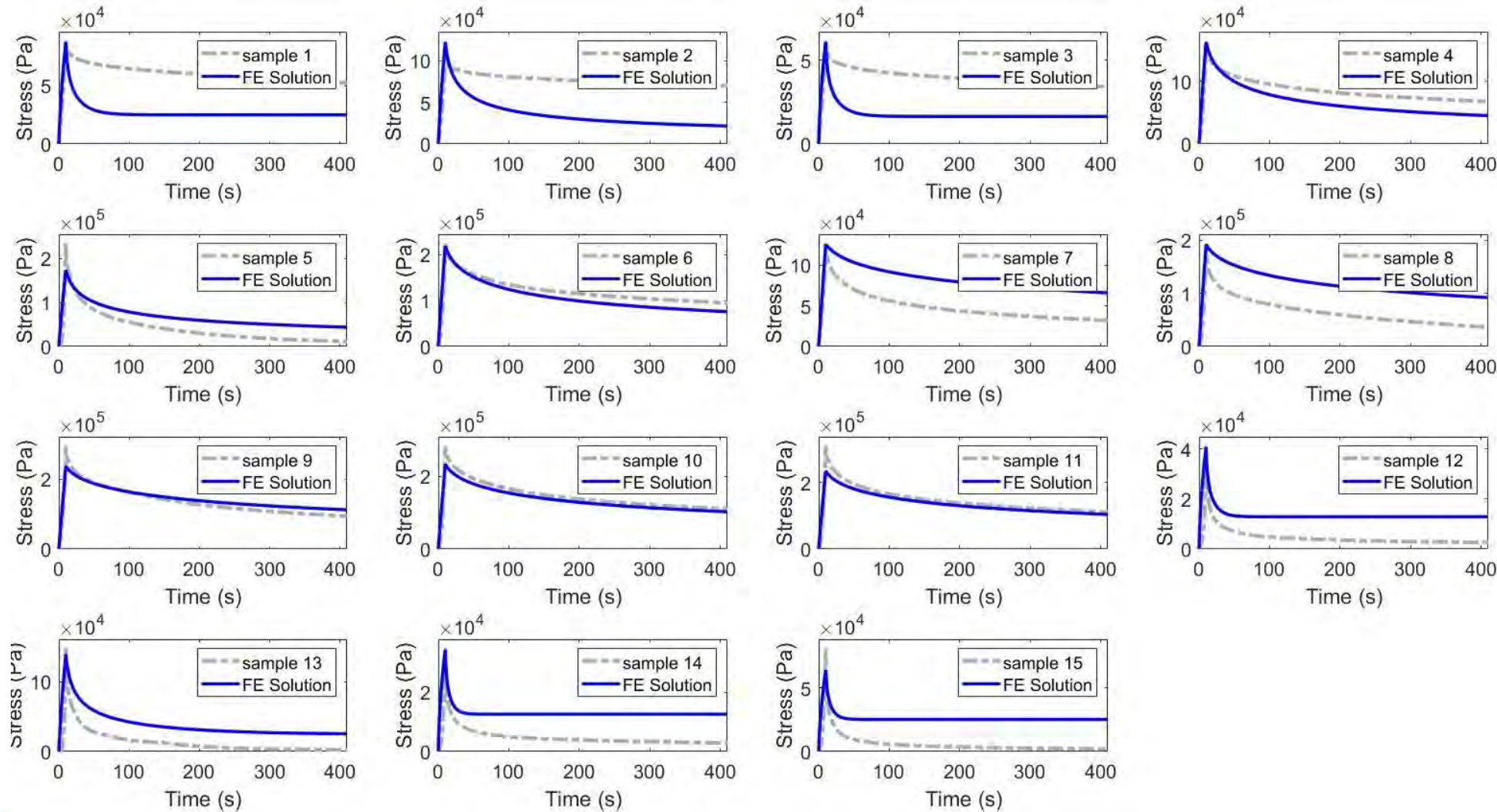
Solid Phase	Fluid Phase	
Young's Modulus (kPa)	Hydraulic permeability (m ² Pa ⁻¹ s ⁻¹)	Void ratio (-)
116.02 ± 31.89	$(1.16 \pm 1.93) \times 10^{-12}$	0.81 ± 0.24
133.75 ± 24.54	$(1.87 \pm 4.17) \times 10^{-12}$	0.95 ± 0.11





Appendix B: Compressible model $(\nu=0.2)$

Slow strain-rate: $N=15$

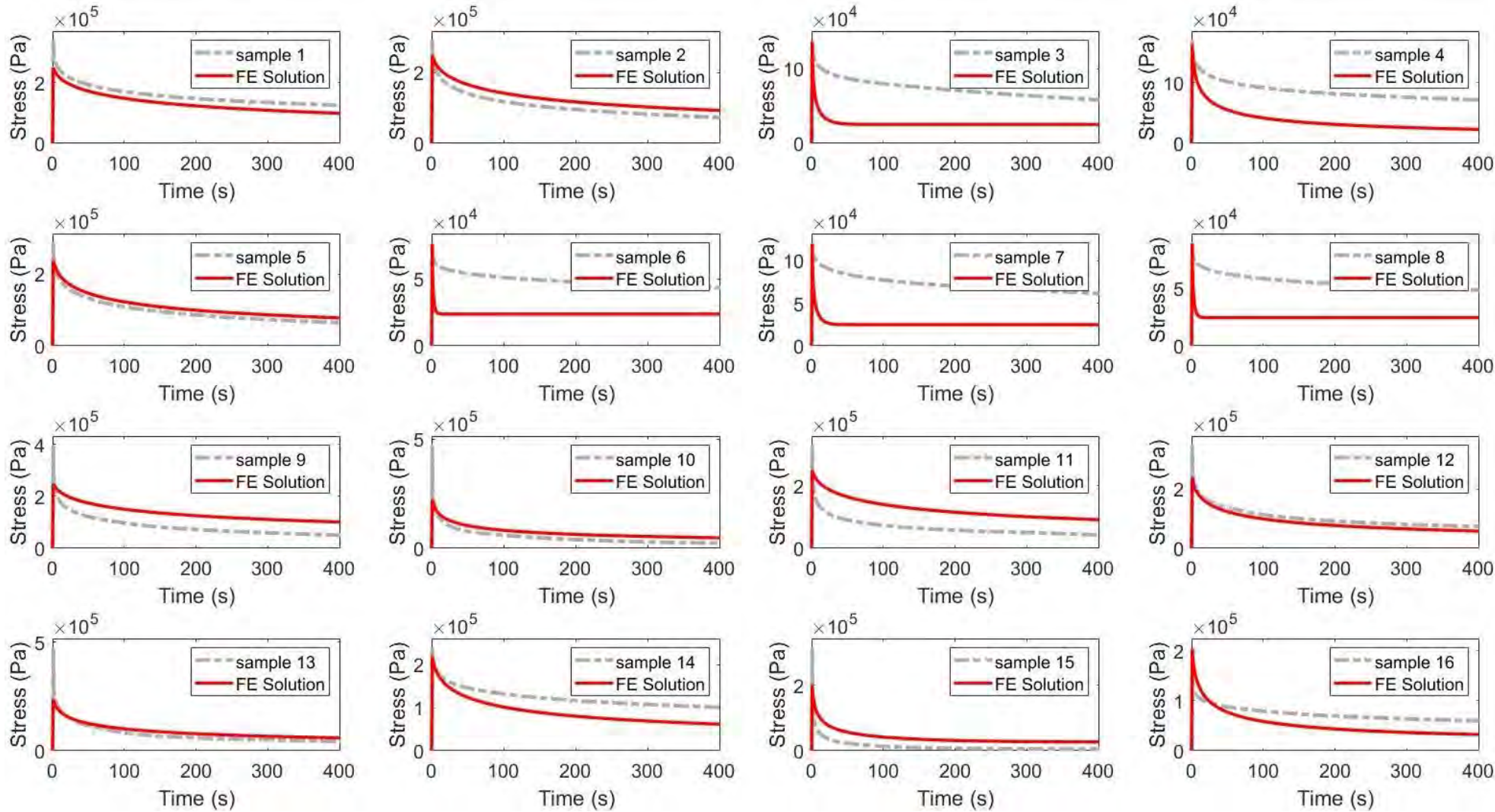


$J: 0.121 \pm 0.161$



Appendix B: Compressible model ($\nu=0.2$)

Fast strain-rate: $N=16$



$J: 0.12 \pm 0.13$



Appendix C: Terzaghi verification (Sciume 2020)

p the pore pressure, p_0 the full load, z the height in the sample, h the height of the sample, t the time, c_v the consolidation coefficient, M the longitudinal modulus, S the inverse of the Biot modulus

1. Small strains and unidimensionnal
2. Saturated medium
3. Soil grains and fluid are incompressible
4. Homogeneous
5. Mechanical parameters are constant during the settlement
6. Unidimensionnal leakage, following Darcy's law
7. Linear link between effective stresses and volume variation of the soil
8. The soil has no structural viscosity or secondary settlement

$$p = \frac{4p_0}{\pi} \sum_{k=1}^{+\infty} \frac{(-1)^{k-1}}{2k-1} \cos\left[(2k-1)\frac{\pi}{2}\frac{z}{h}\right] \exp\left[-(2k-1)^2 \frac{\pi^2}{4} \frac{c_v t}{h^2}\right]$$

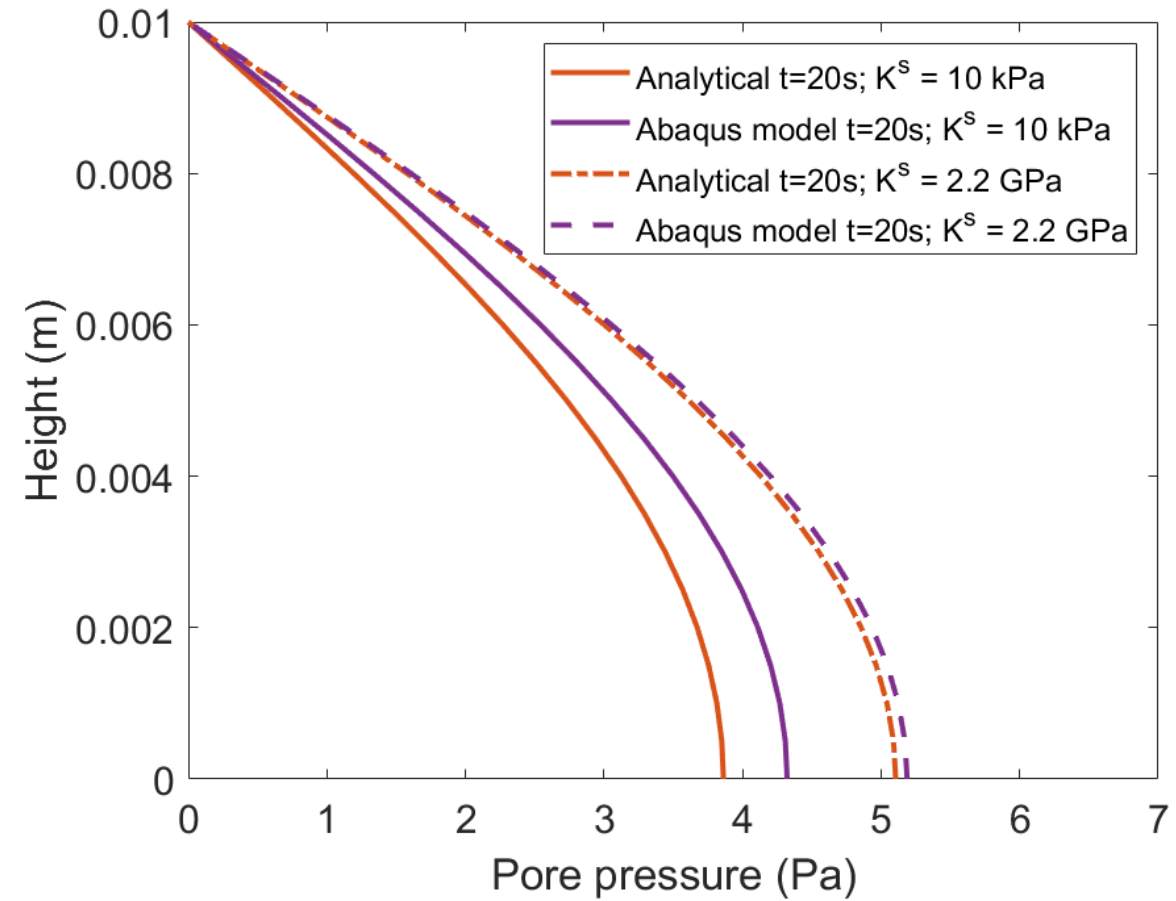
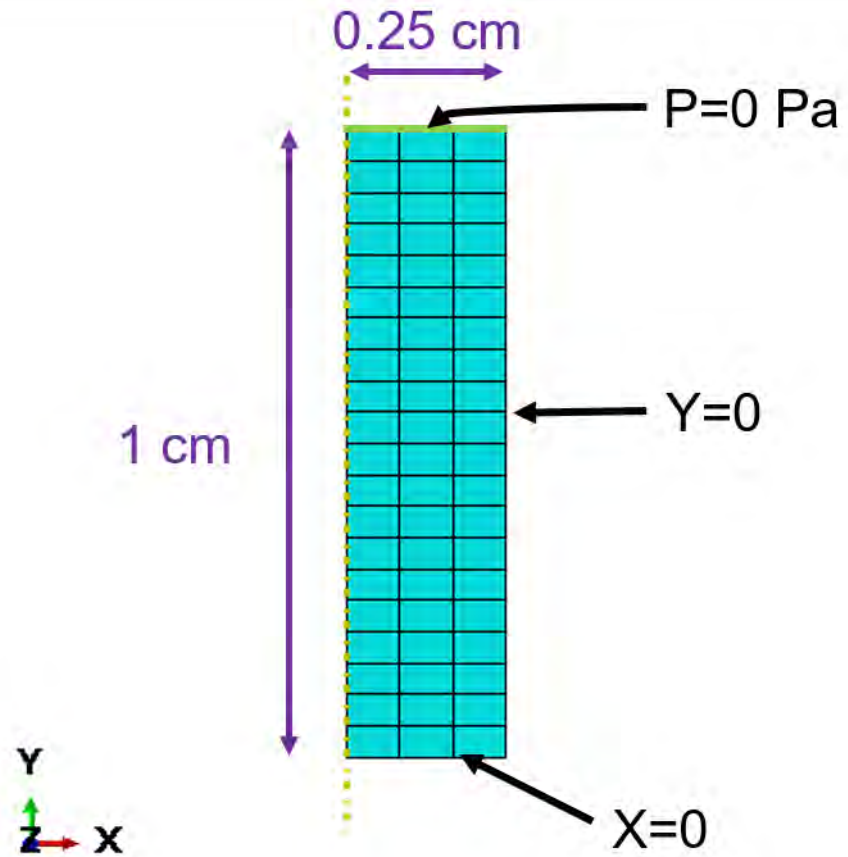
$$c_v = \frac{k^\varepsilon}{\nu^l \left(S + \frac{\beta^2}{M}\right)}$$

$$M = \frac{3K^s(1-\nu)}{(1+\nu)}$$

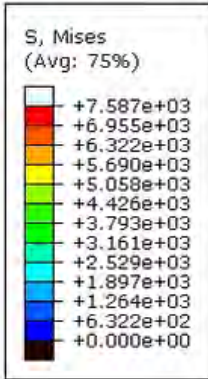
$$S = \frac{\beta - \varepsilon_0^l}{K^s} + \frac{\varepsilon_0^l}{K^l}$$



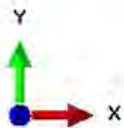
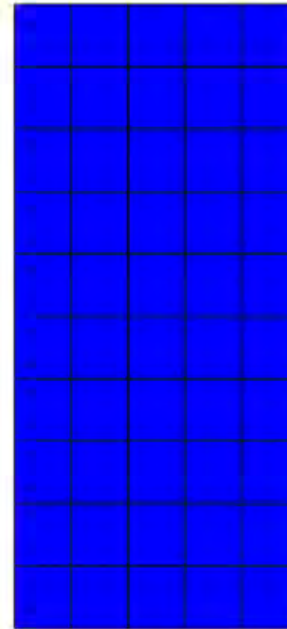
Appendix C: Terzaghi verification (Sciume 2020)



Appendix D: Evolution of the stress



Step: Compress Frame: 0
Total Time: 0.000000



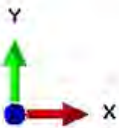
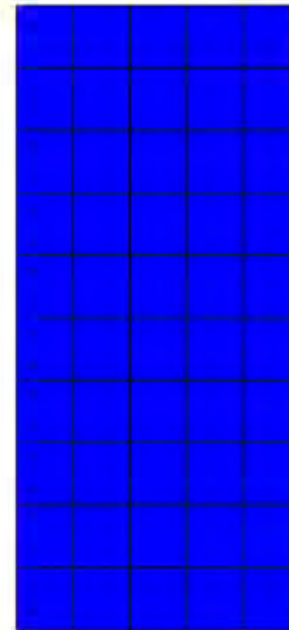
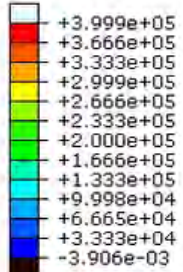
ODB: Job-CC-Fast-Poreux.odb Abaqus/Standard Student Edition 2020 Sat Jun 19 12:37:27 GMT+02:00 2021

Step: Compression
Increment 0: Step Time = 0.000
Primary Var: S, Mises
Deformed Var: U Deformation Scale Factor: +1.000e+00

Appendix D: Evolution of the pore pressure

Step: Compress Frame: 0
Total Time: 0.000000

POR
(Avg: 75%)



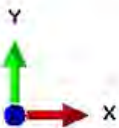
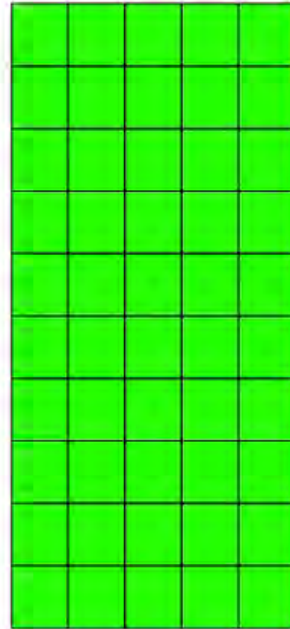
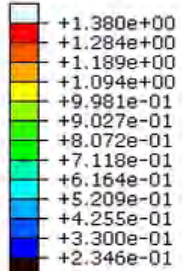
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Step: Compression
Increment 0: Step Time = 0.000
Primary Var: POR
Deformed Var: U Deformation Scale Factor: +1.000e+00

Appendix D: Evolution of the void ratio

Step: Compress Frame: 0
Total Time: 0.000000

VOIDR
(Avg: 75%)



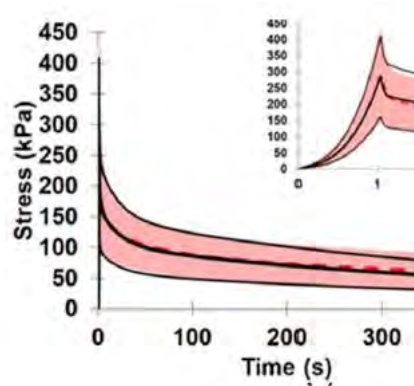
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Increment 0: Step Time = 0.000
Primary Var: VOIDR
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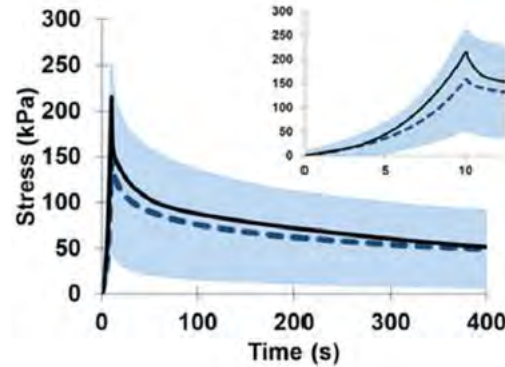
Appendix E: Material Laws Parameters

The possible role of poroelasticity in the apparent visco-elastic behavior of passive muscle tissue under compression:
calibration of poroelastic material parameters to provide a mechanistic explanation of settlement

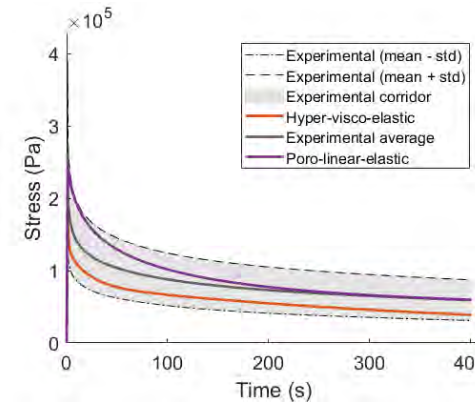
Final strain: 0.15
Fast strain rate: 0.15 s⁻¹



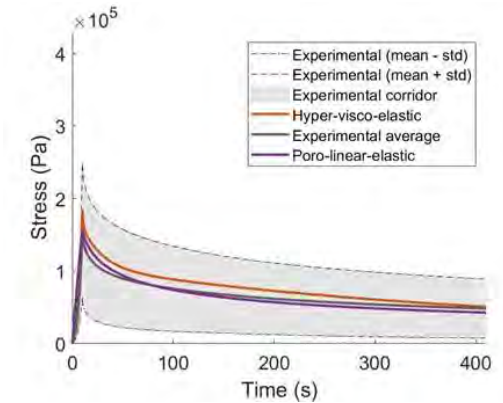
Final strain: 0.15
Slow strain rate: 0.015 s⁻¹



Final strain: 0.15
Fast strain rate: 0.15 s⁻¹



Final strain: 0.15
Slow strain rate: 0.015 s⁻¹



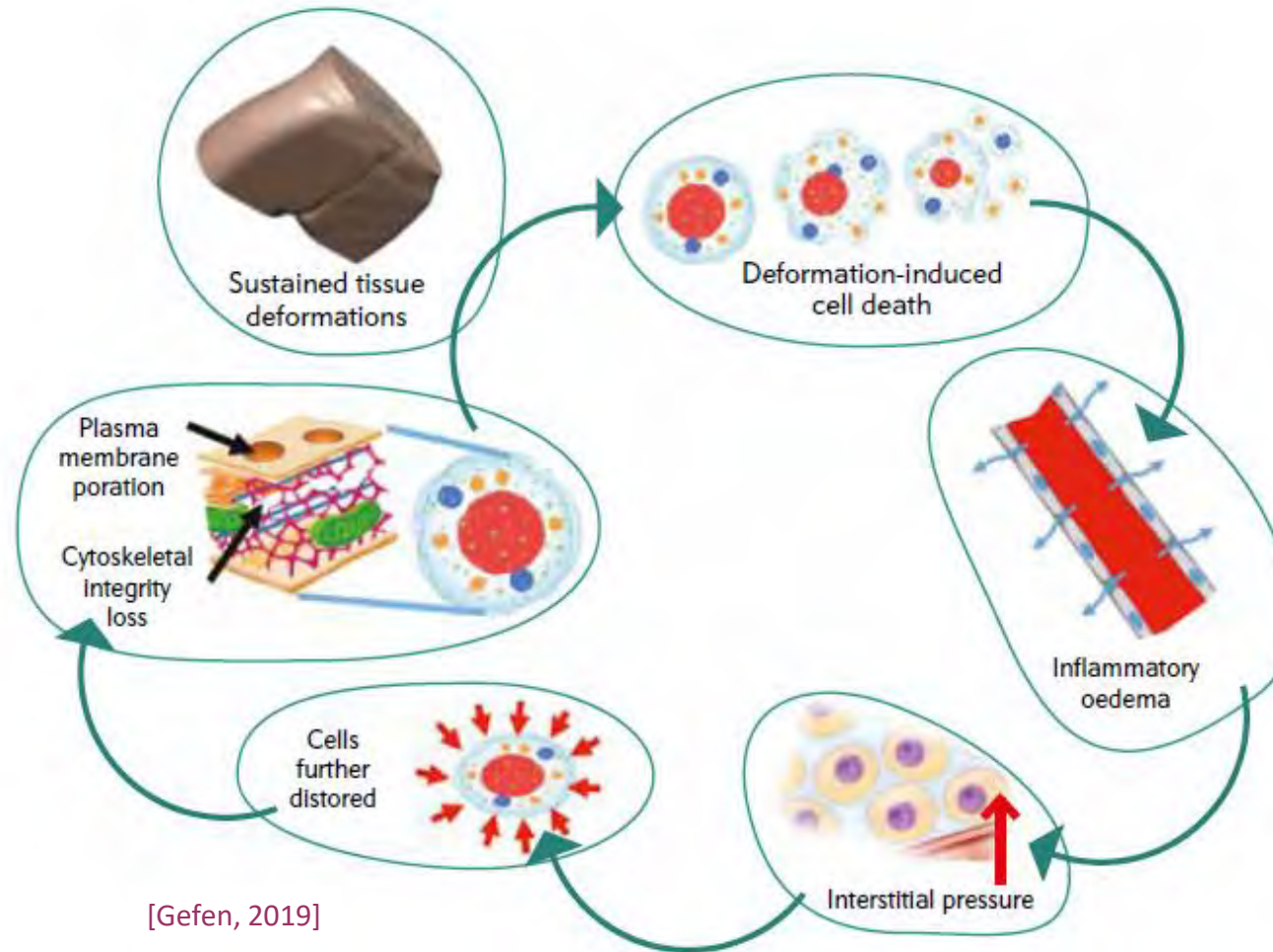
Law	Parameters Type	Parameter symbol	Value
Yeoh	Hyper-elastic (MPa)	C_{10}, C_{20}, C_{30}	$2.23e - 5, 1.28e - 4, 2.52e - 5$
	Hyper-elastic (MPa ⁻¹)	D_1, D_2, D_3	105.9, 0.839, 0.0
Prony Series	Shear Coefficients (-)	G_1, G_2, G_3, G_4	0.741, 0.086, 0.093, 0.061
	Bulk Coefficients (-)	K_1, K_2, K_3, K_4	0.563, 0.150, 0.108, 0.147
	Time Coefficients (s)	$\tau_1, \tau_2, \tau_3, \tau_4$	0.05, 1, 20, 400

Solid Phase	Fluid Phase	
Young's Modulus (kPa)	Hydraulic permeability (m ² Pa ⁻¹ s ⁻¹)	Void ratio (-)
12.89 ± 11.29	$(2.09 \pm 3.12) \times 10^{-13}$	0.469 ± 0.247
20.16 ± 8.54	$(1.94 \pm 5.71) \times 10^{-13}$	0.640 ± 0.325

Bibliography: Order of magnitudes

Authors	Type	Sample	Material Law	Phase		
				Solid Phase	Fluid Phase	
				E (kPa)	k ($m^2 Pa^{-1} s^{-1}$)	Void Ratio (-)
[Gras et al., 2012a]	Experimental	Human muscles	hyper-elastic	111 (min: 12 ; max: 292)	-	-
[Gras et al., 2012b]	Experimental (lateral compression)	Human muscles	Linear Elastic	1860 (min: 1020 ; max: 2790)	-	-
[Palevski et al., 2006]	Experimental (Indentation Test)	Porcine muscles	Transient shear modulus	2.4 (long term) 17 (short term)	-	-
[Wheatley et al., 2016]	Experimental (Permeability test)	Rabbit muscles	Poro-hyper- elastic	-	$(7 \pm 2) \times 1e - 11$	-
[Gimnich et al., 2019]	Numerical	Muscle	Poro-elastic	-	$min: 4 \times 1e - 14$ $max: 1 \times 1e - 9$	-
[Argoubi and Shirazi-Adl, 1996]	Numerical	Human Cartilage and bone	Poro-elastic	$min: 1 \times 1e3$ $max: 10 \times 1e6$	$min: 1 \times 1e - 20$ $max: 1 \times 1e - 13$	$min: 0.1$ $max: 0.3$
Current study	Numerical	Porcine muscles	Poro-linear- elastic	16 ± 10	$(2 \pm 4) \times 1e - 13$	(0.6 ± 0.3)

Conclusion and perspectives



Cell strain >> Inflammatory response of the tissue >> Plasma membrane poration >> cell death